



JUMP Trampoline Parks | Teacher Pack

Incorporate a fun, energy-building exercise into your lesson plan, or treat your students after a hard-working term with a JUMP activity!

JUMPing challenges both active and not-so-active kids to have a go! The students will be getting a low impact, high-cardio workout without even knowing it. JUMP activities include and integrate with these NZ Curriculum key competencies:

What we offer:

- \$11.00 rate per person including teachers/adults.
- JUMP grip socks on first visit, must be brought back for subsequent visits.

Benefits:

It's great exercise! Exercise can help kids feel more alert, improve concentration, and promote happiness as endorphins are released.

Meets the following Key Competencies:

- Managing self: Students will learn how to establish goals and work independently to achieve these goals in a JUMP session
- Relating to others: Students are required to work together and learn when it is appropriate to cooperate and when it is appropriate to compete.
- Participating and contributing: JUMPers will participate in a learning community, working together to foster an understanding of safety as well as helping other JUMPers work towards their personal goals.

Contact us:

To discuss the options for your day primary, intermediate or high school :

- Have a look at our website
<https://www.jumpwithus.co.nz/groups/jump-schools/>
- Send us an email groups@jumpwithus.co.nz
- Give us a call on (09) 600 5397

RAMS FORM (Risk Assessment Management)

ANALYSIS		DESCRIPTION		
RISKS ACCIDENT, INJURY, OTHER FORMS OF LOSS		Minor	Moderate	Environment
		<ul style="list-style-type: none"> Trampoline Burn Bruises Exhaustion 	<ul style="list-style-type: none"> Dislocation Sprains Strains Broken Bones 	Neck & Back injuries
DANGERS HAZARDS, PERILS		People	Equipment	Environment
		<ul style="list-style-type: none"> JUMPer not following rules. Other customers not following rules. JUMPer over exerting themselves. Poor staff/customer communication 	<ul style="list-style-type: none"> Lack of maintenance/Equipment failure. Inappropriate clothing/footwear. Dirty trampolines. 	<ul style="list-style-type: none"> Heat Noise
RISK MANAGEMENT STRATEGIES	NORMAL OPERATION	<ul style="list-style-type: none"> Staff given full training and knowledge of park. Staff are first aid trained. All JUMPers are given a clear and thorough safety briefing prior to JUMPing Staff monitoring JUMPers always. Safety rules on signs around park 	<ul style="list-style-type: none"> Conduct regular maintenance checks, daily checks as well as visual checks throughout the day. All JUMPers are provided with and must wear JUMP socks. JUMPers are recommended to wear light sports clothes. All trampolines are cleaned regularly. 	<ul style="list-style-type: none"> Music and sound system are accessible to staff and can be adjusted as needed. Air Condition vents scattered around the park. Doors for ventilation on hot days or as required.
	EMERGENCY	<p>JUMP crew procedure</p> <ol style="list-style-type: none"> Assess and contain situation. Carry out any vital life support if appropriate, carry out any First Aid if required. Look after JUMPers and carry out any other major responsibilities. Support and monitor JUMPer as best as possible, further First Aid if necessary, evacuation if needed (this is up to manager), close surrounding trampolines. If no evacuation – move injured/harmed JUMPer in most appropriate way (this may include calling emergency services). Debrief/follow up as appropriate. Ensure equipment is cleaned and marked unsafe as necessary. Ensure all paperwork is filled out as necessary. 		